

SHEPHERD'S STAFF MINISTRY, INC.

WWW.SHEPHERD-STAFF.ORG

Transform Yourself and Your Pastoral Leadership **Pastoral Intelligence Cohorts Starting January 2025**

Description:

Do you have challenges with church members?

Are you frustrated trying to influence those over whom you have little control?

Do you have conflicts and are unsure how to deal with them?

Do you know how you are coming across to those with whom you interact?

These are but a few of the challenges faced by those engaged in pastoral ministry during these polarizing times. You do not have to face ministry challenges alone. You can transform yourself and your ministry by engaging in a Pastoral Intelligence small group cohort focused on integrating emotional learning and theological intelligence.

Based on 20 plus years of groundbreaking research, pastoral psychotherapist and clergy coach, Dr. Maurice Graham, has helped thousands of ministers learn skills and thrive in ministry. The principles of PI are outlined in ***Pastoral Intelligence: Why Your Emotional Health is the Key to Your Church's Health*** (Shepherd's Staff Ministry: Richmond, VA, 2024). However, PI cannot be acquired by simply reading this excellent book. What has proven incredibly effective is engagement in a cohort where participants share case studies in a safe coaching environment focused on developing four essential PI competencies:

1. **Self-Development** (including emotional/theological self-awareness, confidence in your calling, and emotional self-control)
2. **Self-Motivation** (including accurate self-assessment, integrity/trustworthiness, adaptability, initiative, and optimism)
3. **Congregational Awareness** (including leadership empath and organizational awareness)
4. **Relational Skills** (including conflict management, developing others—teamwork and collaboration, inspirational leadership, leading change, and influence)

In addition, cohort participants develop five abilities that inform and guide Pastoral Intelligence's central objective of emotional learning:

1. The ability to transform yourself.
2. The ability to understand how your life story forms themes.
3. The ability to have empathy in pastoral leadership.
4. The ability to think and act from a biblical theology.
5. The ability to see God at work in your calling and identity.

By investing in this nine-month process of self-discovery and self-transformation, you gain self-awareness, reclaim or renew your calling to pastoral ministry, discover and practice new ministry skills, and learn new behaviors that enrich your life and ministry.

Testimonials:

Why should a minister consider joining a PI cohort? Considerable evidence from Dr. Graham's research shows the long-term benefits to clergy and the congregations they serve. In fact, a recent study showed that 85% of clergy who participated in PI groups were still functioning well in ministry five years later. Here are actual testimonies from group participants:

I believe I have learned valuable skills to better assess and navigate through ministry challenges, and I now realize more than ever you cannot separate the minister from the ministry. (senior pastor)

Having just completed my first year as a minister, I am equipped to speak of the pressures for which I was ill-equipped to manage through my professional education. Dr. Graham's approach has challenged me to address the emotional issues that influence both the personal and professional spheres of my life and those in the congregation that I serve. (youth minister)

Seminaries do not adequately prepare students to handle the emotional stresses that come from working every day in ministry. Dr. Graham's process serves to help us as ministers, regardless of denomination or theological belief, to manage our own emotions so that we do not burn out as so many do, but rather we may be able to stay in ministry over the course of our careers. (associate minister)

Format:

The cohort format has three components:

1. Introductory Session (in-person or virtually) includes:
 - Didactic presentation and colloquy to introduce Pastoral Intelligence.
 - Instructions on creating a personal genogram.
2. Eight sessions on core elements of PI followed by group coaching using the Call and Identity Coaching™ model.
 - NOTE: *Call and Identity Coaching* is informed by theology, emotional intelligence and Bowen Family Systems Theory. The goal of this coaching approach is to empower ministers to gain clarity and direction in their calling and pastoral identity through increased spiritual and emotional self-awareness.
3. Utilize the Transforming Self Triangle™, ministry and personal case studies, family genograms, and group dialogue are utilized to develop and apply the five PI abilities in one's ministry context.

Cohort Profile:

- Designed exclusively for pastors or other professional pastoral staff who currently serve in congregational contexts or a church-related ministry.
- A new **virtual cohort** will be offered on Mondays, beginning January 27. See 2025 training dates below.
- The cohort will be limited to 6 participants.

PI Coaches and Cohort Facilitators:

- Terry Maples, MDiv (www.shepherd-staff.org/our-team)
- Steve Booth, MDiv, DMin (www.shepherd-staff.org/our-team)

2025 Training Dates:

One virtual (Zoom) cohort will be offered in 2025, January – September.

Monday Cohort:

- Jan 27, 2025 – Introduction to PI, **10:00 am – 3:00 pm**
- Feb 24 – Group Discussion & Coaching, **All remaining sessions will meet from 1:00-4:00 pm**
- Mar 24 - Group Discussion & Coaching
- Apr 28 - Group Discussion & Coaching
- Jun 2 - Group Discussion & Coaching
- Jun 30 - Group Discussion & Coaching
- Jul 28 - Group Discussion & Coaching
- Aug 25 -Group Discussion & Coaching
- Sep 15 - Group Coaching & Evaluation

Cost: \$1,000

- Paid in two equal installments of \$500 (Jan and May)
- 10% discount (\$900) if paid prior to the first session.
- Financial assistance is available upon request.

Registration:

To register for one of the PI cohorts, go to www.pastoralintelligence.org/cohorts or email Terry Maples at terrymaples4@gmail.com. To confirm and reserve your spot send a \$100 deposit, payable to Shepherd's Staff Ministry, to Shepherd's Staff Ministry, 828 Buford Road, N. Chesterfield, VA 23235. The deposit can also be made via VENMO to Steve Booth - @stevebooth54.

Need Additional Information?

Email Terry Maples at terrymaples4@gmail.com or Steve Booth, stevebooth2020@gmail.com.